



# WINTER INDOOR TRAINING

**5 Sessions in November and December  
6-730pm | Panthers Training Station  
7505 Ranco Road | Richmond, VA 23228**

**REGISTER**

**Indoor hockey skills transfer to outdoor hockey. Plus the game is really fun to play!**

Join us for training on these dates from 6-730pm...

- Tuesday, November 17
- Thursday, November 19
- Tuesday, December 1
- Tuesday, December 8
- Tuesday, December 15



**Speedy Beast Indoor Hockey Training is for Grades 7-12.  
The cost is \$150.**

**There may be additional fees for tournaments and playdates.**

**BUILD THE PLAYER. BUILD THE ATHLETE. BUILD SPORTSMANSHIP.**